

WORK-RELATED FATIGUE AND STRESS HAZARDS

DO YOU KNOW?

ACTION RECOMMENDED

1 Have risk assessments been performed for all contributing factors to fatigue relating to work tasks?

NO

Do you know what fatigue is? Do you know what contributing factors are? If not, see **Appendix Q**
Do you know how to conduct a risk assessment? If not, see **Appendix F**

Identify all the hazards that contribute to fatigue and do risk assessments for each one

YES

2 Have risk assessments been recorded and kept?

NO

Ensure assessment have been recorded and kept

YES

3 Have control measures been identified to manage exposure to fatigue for each task?

NO

Do you know what control measures for managing exposure to fatigue are? If not, see **Appendix Q**

Ensure appropriate control measures have been identified to manage

YES

4 Does the workplace have documented procedures for fatigue management?

NO

Do you know what the procedures are for fatigue management? See **Appendix Q** for an example.

Ensure the workplace has documented procedures for fatigue

YES

5 Have the fatigue control measures been implemented?

NO

Ensure fatigue control measures have been implemented

YES

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